

# **1 Rules and Regulations – Micro Division**

## **1.1 Intent of CFSC Soccer**

1.1.1 Promote the Game and Respect the Game. Make the Game enjoyable for all participants. Have Fun!

## **1.2 Laws of Soccer**

1.2.1 The Micro Division shall abide by the United States Soccer Federation “Laws of Soccer” that are current at the time. In addition, the following Cuyahoga Falls Soccer Club “Rules and Regulations” shall apply and take precedence over the USSF Laws.

## **1.3 Playing Field**

1.3.1 The playing field should be approximately 35 feet wide, 50 feet long, and the center circle should be 4 foot radius. Goals are approximately 6 feet wide and 4 feet high.

1.3.2 No spectators shall be behind the goal during the game. Keep spectators away from touchline.

## **1.4 Equipment**

1.4.1 Players shall wear club issued shirts.

1.4.2 The Micro division uses a size three (3) ball.

1.4.3 Shin Guards shall be worn and covered for games and practices.

1.4.4 Soccer shoes are highly recommended, but not required. Athletic shoes are acceptable. Football and baseball shoes are not allowed.

1.4.5 Jewelry shall not be worn during games or practice.

## **1.5 Games**

1.5.1 Inclement weather:

1.5.1.1 *Games should not be played in inclement weather. The coaches should agree to a new game time and notify the Micro VP of the change.*

1.5.2 Players:

1.5.2.1 *There shall be three (3) players per team, per field at the start of a game. There are no goalkeepers.*

1.5.2.2 *No players may be allowed to play in any game, except those listed on the “official team roster”.*

1.5.2.3 *If either team cannot field at least three (3) players, the game may be:*

1.5.2.3.1 Rescheduled (In which either coach MUST notify the VP of Micro)

1.5.2.3.2 Used as a practice/scrimmage game (using equal sides).

1.5.2.3.3 Canceled (This is only if no make-up date can be agreed upon).

1.5.2.4 *Each player shall have the opportunity to play equal time with following exceptions:*

1.5.2.4.1 In the case of injury to the player.

1.5.2.4.2 If the player arrives late to the game.

1.5.2.5 *Players within a team shall be divided equally on each field according to ability (No stacking or one-sided advantage).*

1.5.3 Time Management:

1.5.3.1 *Duration of the game is flexible and should be agreed upon/monitored by the coaches. Fields are reserved for one hour for each game.*

1.5.4 Substitutions:

1.5.4.1 *May be made when there is a break in play or whenever agreed upon by the coaches.*

1.5.4.2 *A player may be substituted for an injured player at any time.*

1.5.5 Kick-Offs and Throw-Ins:

1.5.5.1 *On kick-offs, the ball shall not be touched twice in a row by the same player. If this happens, the team should do it again.*

1.5.5.2 *A goal cannot be scored directly from an indirect free kick, goal kick, throw in or kick-off.*

1.5.5.3 *The ball is out of play when it has completely crossed the touchline. The ball is still in play if it hits a coach or official or hits the goal post or corner flags.*

1.5.5.4 *The ball must completely cross the goal line before it's a goal.*

1.5.5.5 *For throw-ins, the ball must be thrown with both hands on the ball from behind the player's head with both feet flat on the ground. If done incorrectly, the player should re-do the throw-in.*

1.5.5.6 *Opposing players shall be outside the center circle for kick-offs and approximately ten feet away on throw-ins.*

**1.6 Offsides**

1.6.1 The Offside Rule shall not apply in the Micro Division.

**1.7 Fouls, Misconduct and Free Kicks**

1.7.1 There are no penalty kicks, no slide tackling, and no heading of the ball in Micro.

1.7.2 A player may not intentionally attack, kick, strike, hold, push, trip or jump at an opponent.

1.7.3 Handballs are not permitted. A handball is when someone hits the ball with their hand or arm.

**1.8 Referees**

1.8.1 Coaches shall be the referees during games following the items in section 1.7.

1.8.2 It is the responsibility of the Coaches to check all players before the start of the game to ensure the players are wearing proper equipment.

## **1.9 Coaches**

1.9.1 There shall be no more than two coaches per team. Only one coach shall be permitted on the field at any time. Coaches are encouraged to stay to the side of the field and stay out of the play.

1.9.2 A second coach is permitted to stand next to their goal (off the field of play) to assist the goalkeeper.

1.9.3 If there are questions or issues during the games, it should be calmly handled either at the half or at the end of the game. Unresolved questions or issues can be referred to the Vice-President of In-house Teams.

1.9.4 It is the coach's responsibility to instruct the spectators as to the proper conduct. Spectators should be encouraged to cheer their team and players in a positive manner. Verbal abuse from the sidelines that is directed at Coaches or players shall not be tolerated.

1.9.5 Non-coaching parents are not permitted on the field during play.

1.9.6 It is the coach's responsibility to check the playing field and practice areas prior to games and practices. The coach needs to ensure the area is safe, free of debris, and goals are properly placed. Players shall not climb or hang on goals.

1.9.7 Coaches shall respect other coaches, referees, and spectators. Coaches shall present themselves in a civil manner at all times.

1.9.8 Game score is not recorded. Coaches may track individual player's goals. All players should have an equal chance to score a goal.